MY MEXICO MOVE

Mérida Per-City Pack

The paid, printable companion to the free city profile

November 2026 edition | mymexicomove.com

The capital of Yucatán, home to roughly a million people, and consistently ranked among the safest cities in the Americas. A grand colonial centro, excellent hospitals, a modern north side with every North American convenience, an international airport, and a settled expat community. There is one enormous asterisk, and it is the weather.

How this pack was built

Every figure in this pack is taken from the free Mérida profile at mymexicomove.com/cities/merida/, verified November 2026. This edition goes beyond the free profile: it adds a fill-in budget worksheet built on the profile's own figures, a first-30-days plan sequenced from the profile's own sections, a rental viewing checklist, Spanish phrases for renting and for healthcare visits, and the consulate and canje steps from the site's residency guides. Where the profile states a gap, this pack states the same gap, honestly, in the Honest gaps section and in the worksheet.

What is in this pack

- The snapshot: monthly totals, rents, climate and healthcare at a glance.
- Costs and rents, with the profile's own monthly totals and rent ranges.
- Neighbourhoods, streets, markets, healthcare and IMSS, Spanish, expat life, retirement fit, work, families and schools, food, and safety.
- Climate by the month, from the profile's own published source.
- Honest gaps: what the profile does not verify, stated plainly.
- New in this edition: a fill-in budget worksheet, a first-30-days plan for this city, a rental viewing checklist, Spanish phrases for renting and healthcare, and the consulate and canje steps.
- A printable, dated checklist for this city: what to check before you sign, and your first 30 days.

This pack is a PDF download. Buying the pack does not include platform membership. Your purchase carries the 14 day money back guarantee. Full refund on an email request within 14 days. Your purchase includes 3 downloads, and the download link expires in 7 days.

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The snapshot

The profile's own headline figures, as the profile prints them.

Figure	Value	Basis
Monthly total, a couple	$2,000–$2,800	A couple living well, all in
Rent, two-bedroom home or condo with air conditioning	$600–$1,200	Per month
Climate	Hot and humid	Afternoons past 100°F from April through June
Healthcare	Peninsula medical hub	Major private hospitals in the north; US care a short flight away

Travel advisory: Yucatán is at Level 1 (Exercise Normal Precautions) in the US State Department Mexico advisory dated 11 August 2026, the lowest level on the scale.

Costs and rents

No single-person monthly total is published in the Mérida profile. The profile publishes a couple's range only.

Monthly total, a couple: $2,000–$2,800 (A couple living well, all in).

Rents

Rent	Range	Note
Two-bedroom home or condo with air conditioning	$600–$1,200	Renovated centro colonials and premium north-side condos above that range; local neighborhoods well below it

Rent character follows the same split as the neighborhoods: centro colonials run on charm and age, with the maintenance that old houses bring, while the north runs on newer builds, air conditioning that works, and a car in the driveway.

Neighbourhoods

Centro Histórico

Colonial homes around the plazas and along the Paseo de Montejo corridor's southern end: color, character and walkable evenings, with older housing stock and tourist-season noise.

Norte: Montebello and Altabrisa

The modern north: malls, the big private hospitals, newer condos and houses, and the easiest daily life in the city. This is where most full-service expat living happens.

García Ginerés and Itzimná

Established, leafy residential colonias between centro and the north, local in feel, popular with long-term residents who want a neighborhood rather than a scene.

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Progreso and the beach towns

About half an hour north on the Gulf: sea breezes that take the edge off the heat, a quieter pace, and a growing full-time community, with Mérida's hospitals and airport still in easy reach.

Streets and getting around

Mérida is the easiest city on this list to drive in and the hardest to walk across, because it is a big, flat, gridded city built for cars. Centro is walkable in the colonial sense, but the city sprawls, the sun is brutal at midday, and the neighborhoods where most expats live are not walking distance from each other. Most long-term residents keep a car. The bus system has improved greatly with the arrival of the Va y Ven system: the buses link almost everywhere, they run on a cash-free swipe card bought at Oxxo and other shops, and there is an app for routes. Taxis are plentiful and rideshare apps operate across the city. The international airport (MID) sits on the southwest edge of the city, a short drive from Centro, with direct flights to Houston and Miami in about two hours, and to Mexico City, Guadalajara and Cancún domestically. Progreso and the Gulf beaches are about half an hour north, and Chichén Itzá and Uxmal are day trips.

Markets and daily shopping

Mérida is a market city, and the Mercado Lucas de Gálvez is its beating heart: the city's main market, open daily from 7 am to 9:30 pm, with produce and local foods downstairs and an artisanal market and food court on the first floor. The neighborhood markets are the quieter version: Santa Ana, Santiago, San Sebastián and Chuburná each have their own market square. For the supermarket run, the north side has everything: Soriana, Chedraui, Walmart and Costco all have Mérida stores, plus the local Super Akí chain. The honest pattern is a split shop, market for produce and meat, supermarket for everything else.

Healthcare and IMSS

Healthcare is one of Mérida's strongest cards. The city is the medical hub for the whole Yucatán Peninsula, with major private hospitals concentrated in the north of the city, deep specialist benches, and prices well below US levels. For retirees weighing healthcare heavily, few Mexican cities outside the biggest metros match it, and the airport puts US care within a short flight.

Facility	Type	What the profile says
Star Médica Mérida	Private hospital	Largest and most modern in the city, Altabrisa, widest specialties, most consistent English-language support
Hospital Faro del Mayab (Christus Muguerza)	Private hospital	North, near Prolongación Montejo, surgical care, strong English-speaking physicians
Clínica de Mérida	Private hospital, mid-range	Central Mérida, well established
Centro Médico de las Americas	Private hospital	North of the city